

16th Annual Bluegrass Regional

Grandparents Raising Grandchildren Conference



G A P
*Grandparents
As Parents*



Thursday, March 15, 2018

**Clarion Hotel, 1950 Newtown Pike
Lexington, KY 40511**

**All grandparents, relatives,
kinship caregivers and
professionals are invited to
attend.**

16th Annual **GAP** Conference—March 15, 2018

GAP
Grandparents As Parents of Kentucky

Featuring **Paris Goodyear-Brown**



Paris is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating children and families with trauma and attachment disorders. She is Clinical Director and Senior Clinician of Nurture House, serves as the Executive Director of the Lipscomb Play Therapy and Expressive Arts Center and is an adjunct Instructor in Psychiatric Mental Health at Vanderbilt University. She is best known for developing clinically sound, play-based intervention models that are used to treat a variety of childhood problems. She has received the APT award for Play Therapy Promotion and Education and is the author of multiple books, chapters and articles related to child therapy. Her newest books include *A Safe Circle for Little U*, *Tackling Touchy Subjects*, *Handbook of Child Sexual Abuse*, *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for kids and Their Helpful Adults*.

Conference Schedule

8:00-8:30 AM Registration—Resource & Benefits Fair Opens

8:30-9:00 AM Conference Starts

Welcome/Successfully Raised

Donna Rash

9:00-10:30 AM Keynote Session

Paris Goodyear-Brown

Becoming a Safe Boss: Attachment, Trauma and Co-Regulation

The workshop is for all the “safe bosses” of children—grandparents, kinship care providers, and foster and adoptive parents, as well as moms and dads who want to be “bigger, stronger, wiser and kinder” for the children in their care. Understanding the importance of the attachment dance, the neurobiology of trauma and its impact on the developing brain and how to put “skin” on your role as the safe boss can make all the difference for a hurting child. These ways include hearing their pain and unmet needs, organizing their feelings and building coherent narratives of the scary things they have experienced. Come and learn how to hold “hard stories” for the children in your care.

10:45-12:00 PM Workshop Session One*

1. Navigating the Legal Path to Guardianship, Custody & Adoption

Jenny Scott, Attorney at Law

2. Shedding Light on Synthetic Drugs and Opiates

Mary Beth Uberti, Operation Parent

3. Taking Care of the Caregiver

Martha Sparks, Author and Caregiver

4. Tips and Resources for Your Child with Autism

Tanya Sturgill, Fayette County Public Schools

12:00-1:00 PM Lunch & Door Prizes

1:00-2:00 PM Workshop Session Two*

5. Advocating for Kinship Children and Families

Shannon Moody, KY Youth Advocates

6. What to do About My LGBTQ Child

Linda Angelo, PFLAG and Panel

7. Your “Other AAA”—The Area Agency on Aging

Mary Crowley-Schmidt, Bluegrass AAA

8. The Care & Feeding of Grandchildren: Helping Kids Navigate the Childhood Obesity Epidemic

Jackie Walters, University of KY

2:10-3:30 PM Featured Session

Paris Goodyear-Brown

9. Creating Safe Circles: Helping Caregivers Hold “Hard Stories”

Many times traumatized children are crying out for their grown-ups to understand their misbehavior and fears in new ways. These ways may include hearing their pain and their unmet need, organizing their feelings and building coherent narratives of the scary things they have experienced. Come and learn how to hold “hard stories” for the children in your care.

*For full workshop descriptions please visit www.gapofky.org.

2018 Registration Form

Name(s): _____
Address: _____
City, State: _____ Zip Code: _____
Phone: _____ County: _____
Email: _____

Exhibitors for the Resource Fair must call 859-257-5582 for registration information.

Registration fee includes box lunch (**breakfast is NOT available**).

Please check one:

- Grandparent—\$5.00 registration fee per person
 Relative or Caregiver—\$5.00 registration fee per person
 Specify (ex. Aunt, Sister, Cousin): _____
 Professional—\$50.00 (includes CEUs for social work and FRYSC hours)

Title: _____

Agency: _____

Approved for Social Work Continuing Education Credits (5.0), and FRYSC Training Hours (6.0). *Please note: Social Work CEU certificates will only be awarded following the conclusion of last session and require attendance at the keynote, workshops, and featured session.*

The LFUCG Department of Social Services is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders. The LFUCG Department of Social Services maintains responsibility for this program and its content.

- Check if this is your first time attending the GAP Conference.
 Check if you need an invoice. If you are paying with a **purchase order**, attach a copy with your registration form.

There will be no refunds after **March 9, 2018**. No childcare will be offered.

By registering for the GAP conference, you give permission to receive related mailings as approved by the GAP Committee. Your personal information will not be shared or sold. You allow your likeness or picture to appear in any official capacity in any manner incidental to participation in this event/program without compensation to yourself, heirs, executors, agents and/or administrators. Indicate here if you do NOT agree. _____

Circle the workshops of your choice (see page 2 for titles):

Workshop Session One 10:45 AM-12:00 PM (circle one) #1 #2 #3 #4

Workshop Session Two 1:00 PM-2:00 PM (circle one) #5 #6 #7 #8

Featured Session 2:10 PM-3:30 PM (circle) #9

Benefits Consults—If you are interested in an individual consult, check the topic below and then you will sign up for a time when you arrive on March 15th.

Social Security/Disability DCBS Family Support (KTAP, SNAP, etc.) Adoption Benefits
 Kinship Care Services Medicaid

Registration Deadline: Friday, March 9, 2018 (or sooner if spots are filled)

Make checks payable to: COMMUNITY FCS PROGRAM

Send registration form and payment to:
Fayette County Extension Office
GAP Conference
1140 Harry Sykes Way
Lexington, KY 40504
859-257-5582



Legal Consultation Request

16th Annual Grandparents and Relatives
Raising Children Legal Consultation Request



Volunteer attorneys will be available at the conference to provide free consultations about guardianship, custody, child support and related legal issues to grandparents and other relatives raising children. The consultations are limited to 30 minutes, and the attorneys will only be able to provide information and advice. They are not making a commitment to represent you in court on any matter by providing this consultation. They will be able to help you interpret any legal documents you may have, assess your current legal status as a caregiver and offer advice regarding legal steps that you could take.

There will be a limited number of consultations available. Appointments will be assigned based upon when your request for a consultation is received.

To have a free consultation with an attorney you need to complete this form and send it in today. When all of the time slots are filled, we will have to say no to additional requests. The sooner you send in your request, the more likely we will be able to help you. This form must be completed and returned through the mail with your conference registration in order for your request to be considered.

Request for free legal consultation:

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number (s) _____

Email Address _____

What time would be better for you?

_____ Morning _____ Afternoon _____ Anytime

The week of the conference, you will receive a phone call indicating the time of your consultation. If all slots become filled, you will be placed on a waiting list.



Grandparents As Parents of Kentucky

Location:

Clarion Hotel
1950 Newtown Pike
Lexington, KY
I-75/I-64, Exit 115

From I-75/I-64: Take Exit 115, then turn west on Newtown Pike. The Hotel is on the left at the first stoplight.

From Downtown: Take Main Street to Newtown Pike. Turn right onto Newtown Pike and go approximately 5 miles. The Hotel is on the right, before the interstate.

Room Reservations: (888)390-4918 . Ask for the \$95 (includes full breakfast buffet) GAP Conference block rate.

Benefits Consults

Representatives will be available to meet individually about benefits such as social security, DCBS family support (KTAP, SNAP, etc.), adoption, kinship care services, and Medicaid. Let us know if you are interested in a benefits consult on the registration page. Then, sign up for a consult time when you arrive on March 15th.

Legal Consults

Volunteer Attorneys will be available for free legal consultations. To request a consultation, you will need to fill out the Legal Consultation Request form (on the back of the registration form) and send it in with your registration. There are a limited number of time slots, and they will be filled in the order received.

Conference Committee:

Bluegrass Area Agency on Aging and Independent Living
Deep Springs Family Resource Center
Fayette County Cooperative Extension Office
LFUCG Aging & Disability Services
Sandersville/Meadowthorpe Family Resource Center
UK College of Social Work
Ann D'Ambruso, Oeltgen & D'Ambruso PLLC
Robin Cooke, Attorney at Law
Carl Devine, Miller, Griffin & Marks, PSC
Anna Dominick, Miller, Griffin & Marks, PSC
Kathy Allen
Joan Brandenburg
Sandra Flynn
Rita Hardman
Don Pratt
Donna Rash
Martha Evans Sparks

The 2018 Conference is sponsored by funds from the following:

- Fayette County Bar Foundation
- Community Collaboration for Children, Friends of Children



For questions or further information about the GAP Conference, please call (859) 257-5582.

www.gapofky.org



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